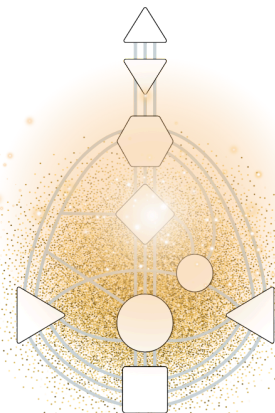
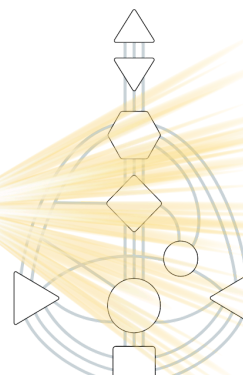
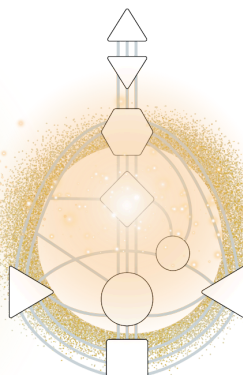
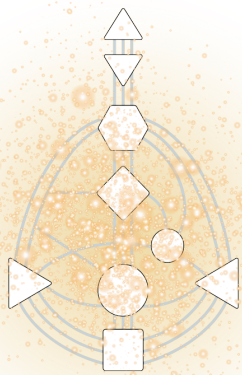


Human Design Energy Types At-A-Glance

Jen Torres

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Human Design Energy Type: **Generator**

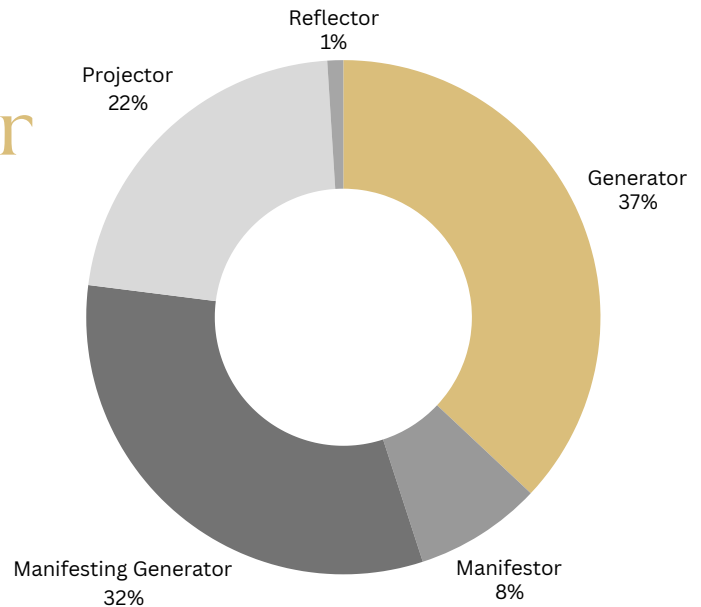
What is Energy Type?

Tells you how you are Designed to energetically move through life

Tells you how your energy is Unique & Different

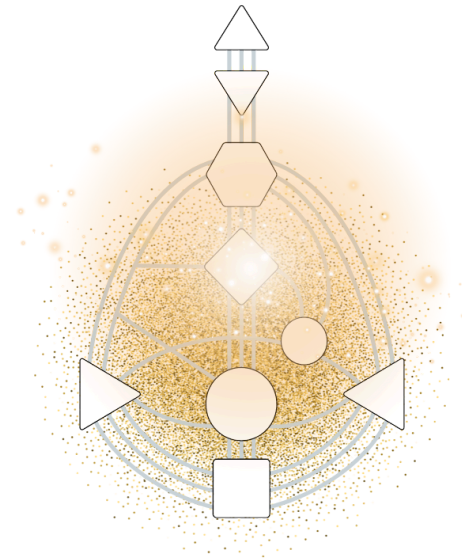
Tells you the way the your Soul craves doing life

Gives the explanation & description of your Aura



Generator Aura- 37 %

- Aura is Described as Open & Enveloping
- Here to do what you LOVE & (by proxy) share your powerful Life Force, Invigorating Energy
- Here to live in RESPONSE by staying present, conscious & grounded
- Your Aura + Sacral are your Divine Compass
- Create Space for the NEW by taking Energetic Inventory monthly on Soul Yeses & removing Soul No's
- Biggest Conditioning: Energetic Enslavement/Self-Sacrifice & Life doesn't just come to me



Generator Mantras

- I am a present & a Divine Magnet to all that I Desire
- I am most Valuable when I do what LOVE
- My Soul Yeses & Desires lead me to my Life's Purpose
- I confidently use my Sacred NO to people, places, & opportunities that feel like a Soul No

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Human Design Energy Type: **Manifestor**

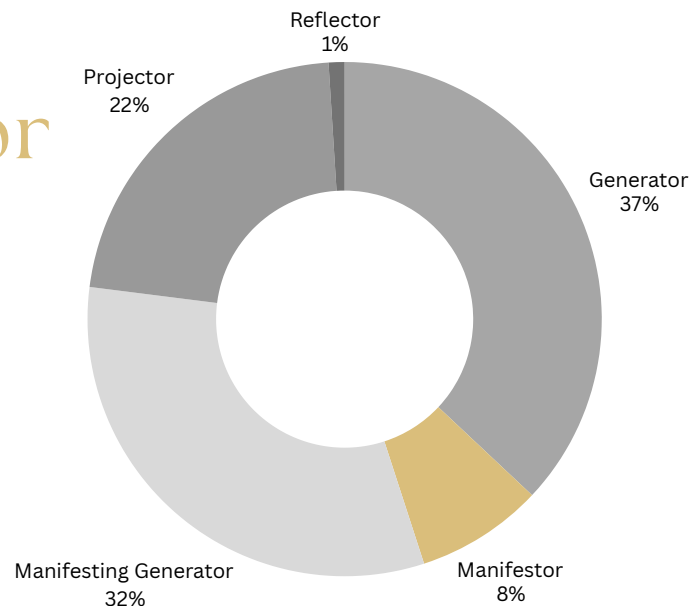
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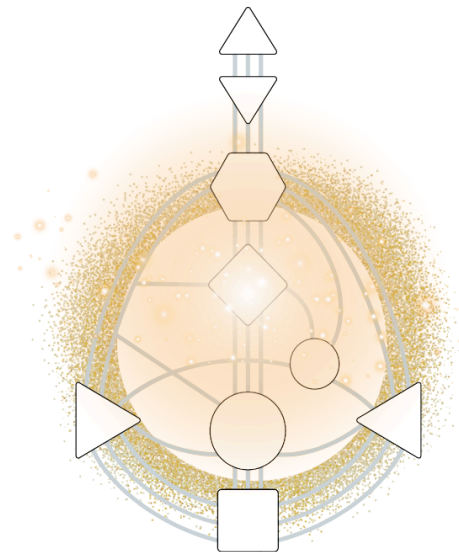
Tells you the way the your Soul craves doing life

Gives the explanation & description of your Aura



Manifestor Aura- 8%

- Aura is described as Closed & Impactful, The Casual Powerhouse
- Strategy is to INFORM, by opening your throat chakra & speaking what you are thinking, feeling, wanting
- Throat Chakra is your Magick Wand
- Here to INITIATE on downloads & ideas
- Designed to feel Self-Sufficient in own energy
- Common feelings of Not Self: misunderstood, angry, not wanting to share ideas, feeling like ppl are trying to control you
- Can oscillate between people pleasers & rebels



Manifestor Mantras

- I am a Divine Spark who is here to INITIATE on my downloads/urges
- I INFORM with ease, grace, & kindness
- I am Free to live in Peace
- I allow others to “tend the flame” on my ideas & downloads
- I am fully supported to go off and rest, receive more downloads & Initiate once again

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Human Design Energy Type: **Manifesting Generator**

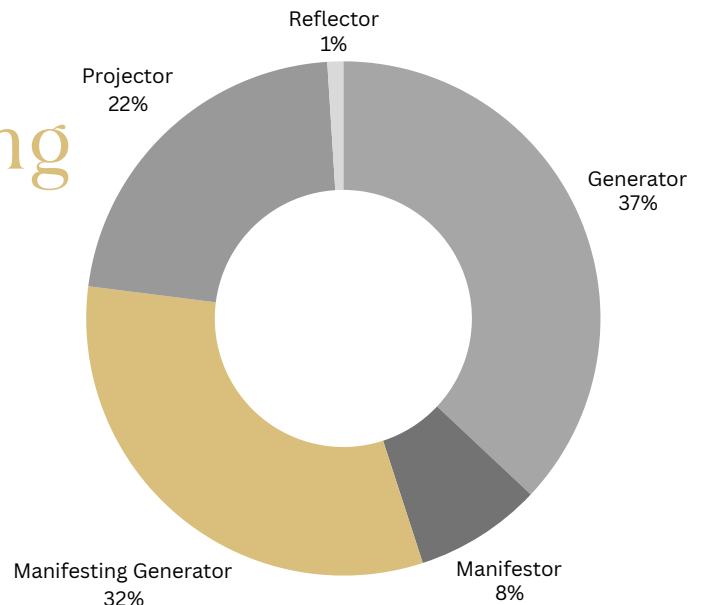
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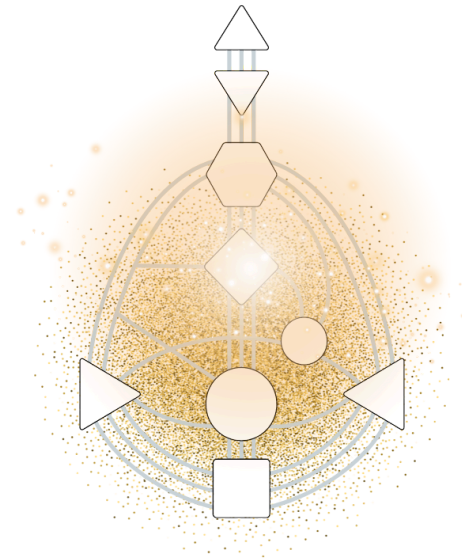
Tells you the way the your Soul craves doing life

Gives the explanation & description of your Aura



Manifesting Generator Aura - 32%

- Aura is Described as Open & Enveloping AND Inspiring & Impactful (when you're doing what you LOVE)
- Biggest Conditioning is energetic enslavement, getting ahead of yourself, being "too much" or all over the place & that you need to choose one career path
- Here to be present, grounded & live in Response
- Need to move your body more than most
- Need Play & Freedom because you Bore Easily
- Most Multi-Passionate out of all of the Types



Manifesting Generator Mantras

- I am Present & a Divine Magnet to all that I Desire
- I am most Valuable when I Do what I LOVE
- My Soul Yeses & Desires lead me to my Life's Purpose
- I am a Multi-Passionate Trailblazer here to Inspire others with my Uncharted Path
- I am Productively "all over the place"
- When I am Present & Grounded; I am in Divine Alignment

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Human Design Energy Type: **Projector**

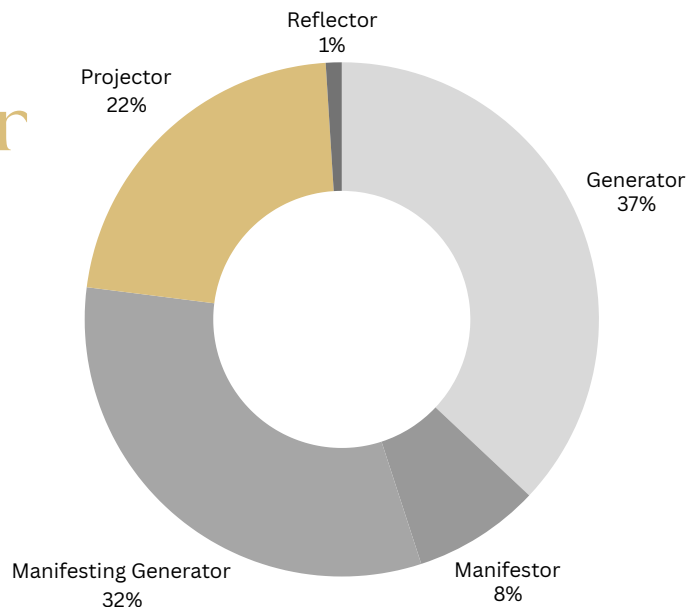
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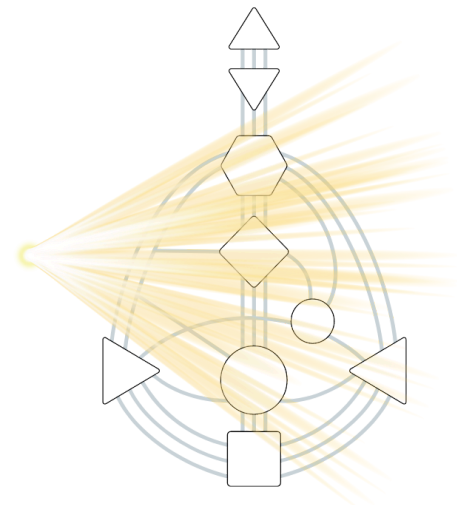
Tells you the way the your Soul craves doing life

Gives the explanation & description of your Aura



Projector Aura - 22%

- Aura is Described as Penetrating & Focused
- Natural Guides leading others from your Projected View Point
- Naturally efficient A.F. & here to tweak & make better what already exists
- Valued by what you SEE
- Here to have a 3 hour work day: Work Smarter NOT Harder & be clear about what “work” feels like to you by being clear on what feels Draining and what feels like Fuel
- Need to rest & take a Projector nap
- Magickal Tools: Recognizing Yourself (your gifts), honing in on Fascinations, use Delegation, be mindful of where you are Focusing your attention
- Must “wait for the invitation” before guiding others



Projector Mantras

- I honor my Projector energy by remembering that I am Valued by what I SEE not what I DO
- I Recognize my gifts & I See myself
- I am Designed for SUCCESS
- When I Build it & Share it Authentically; the right energetically-aligned people, clients, & opportunities come
- Because I am the most Efficient, I take time to Rest - guilt free!

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Human Design Energy Type: Reflector

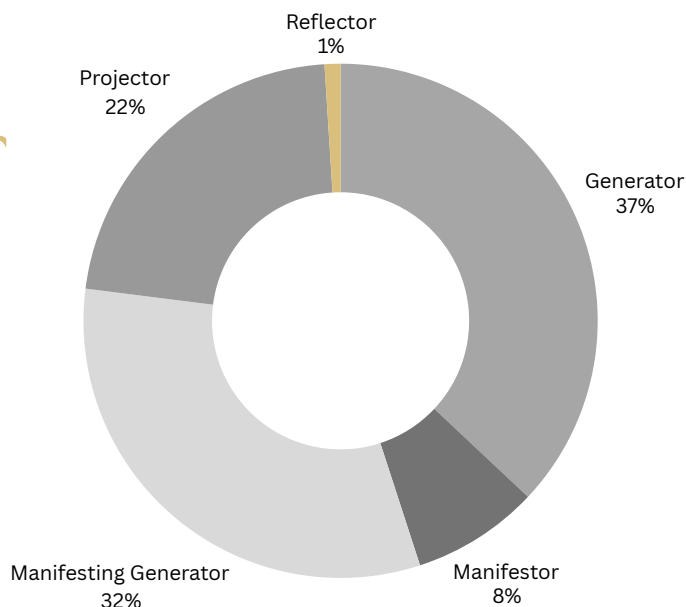
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Tells you how your energy is Unique & Different

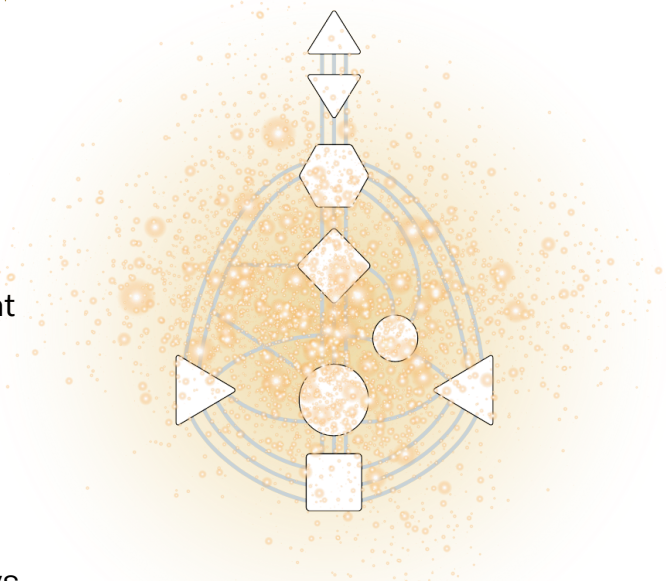
Tells you the way the your Soul craves doing life

Gives the explanation & description of your Aura



Reflector Aura - 1%

- Aura is described as Sampling, Resistant & Filtering
- Here to Flow through life's experiences & Resist holding onto energy that is not you
- Will feel Disappointment if you hold onto energy from certain Environments, People, Experiences that don't align
- Great at Discerning if people, places, things are Healthy
- Must have a practice of "clearing out" open centers
- Here to avoid rushing big decisions & instead let your truth come to you within a Lunar Cycle/ 28 days



Reflector Mantras

- I am open to High Vibe surprises, experiences, & people that are in Divine Alignment
- I Release all miss-aligned energy from my Open Centers
- I allow myself to Shift and Change into Greater Alignment and Aligned Environments
- I am a Clear Vessel & I move with change

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